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Rotary Club of Narellan Pledges \$10,000 Support



Tony Ross, Rotary Club of Narellan and Linda Goldspink-Lord, CEO, Youth Solutions

Youth Solutions would like to thank the Rotary Club of Narellan who has become a Corporate Event Partner by generously donating \$10 000 that will go towards a community project later in the year. Rotary is a worldwide organisation of more than 1.2 million business and professional men and women who are acknowledged leaders in their communities and who put the ideal of service into action. There are a number of Rotary clubs in the Macarthur region which is classified as District 9750. Rotary clubs are organised into districts and are headed by a District Governor who provides assistance to the autonomous Rotary Clubs in the particular district. There are almost two dozen districts in Australia, and three cover the greater Sydney area. District 9750 incorporates the Sydney CBD and southern metropolitan area, southwest to Camden and Picton in the Macarthur region, and south through Wollongong to Kiama in the Illawarra region. It comprises over 50 clubs and nearly 2,000 Rotarians.

Although Rotary clubs develop autonomous service programs, all Rotarians worldwide are united in the worthy campaign for the global eradication of polio. Besides their dedication to the global eradication of polio, Rotarians plan and carry out a remarkable variety of humanitarian, educational and cultural exchange programs that touch people's lives in their local communities and our world community.

The Rotary Club of Narellan, which has been kind enough to provide this financial support, was chartered on the 27th October, 1992. Currently it is headed by its Club President Peter Donnelly and is made up of 29 active members. Since 1992 The Rotary Club of Narellan has made major contributions to the community and has received many awards & citations for the

contributions made to a number of local organisations. Some of the most recent projects and events include Polio Plus, Macarthur Speech Craft and the Annual Senior Citizens Xmas Lunch. The Club has raised in excess of \$1 million dollars in the last 5 years from its Annual Ball.

The money provided by the Rotary Club of Narellan will go towards a project designed and implemented by Youth Solutions aimed at increasing young people's connectedness to their school, family and the community in which they live, work or recreate. The end result of this proposal is to reduce the chance of drug abuse by developing the following:

- A sense of belonging or connectedness in the family
- A warm relationship with at least one parent or significant adult
- A sense of belonging and fitting in at school
- Positive experiences and achievements at school
- Having someone outside the family who believes in them
- Feeling loved and respected
- Having opportunities to be an active contributor in their family, school and community
- Religious or spiritual connectedness

This project will involve recruiting young people from local Narellan high schools and providing them with the necessary tools in order to achieve this project's desired outcome. The chosen young people will undergo training in the area of leadership, public speaking and group facilitation which will help them as members of a young people's advisory group. Forums will also be held to enable young people to identify community issues of importance.

"Rotary is very proud to be involved in the broader Macarthur community and saw Youth Solutions as being a valuable resource to the community and very worthwhile of its support", stated Tony Ross, Community Services Director, Rotary Club of Narellan

While the finer details of this project are yet to be developed, it will be a worthy project designed to benefit the young people of Narellan.



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Accreditation in reach

Welcome to the second edition of Solutions for 2006!

The past few months have been hectic with most of our efforts concentrated on achieving accreditation. This process has resulted in the establishment of systems that will ensure the continued success of Youth Solutions. We look forward to achieving our accreditation status.

We were thrilled to hear that we are a finalist in the National Drug Awards for our successful Dope EFX u Project. The winner will be announced on 23 June.

We were also very pleased with the generous donation of \$2109.25 from McDonalds. This money will greatly assist us in delivering services to our community. Our sincere thank you to McDonald's for this donation.

The Parent Links Project is in its final stages and the launch of the parent webpage is a fantastic inclusion in our

newly revised website. I would encourage you to access the website and promote it among your own family, friends and colleagues. It has been designed for parents by other parents and will assist parents in addressing the challenging issue of youth drug use.

The School Solutions Project funded by Wests League Club Campbelltown continues to be successful. Individual schools are implementing a variety of strategies ranging from information sessions to art competitions. We will maintain our support throughout 2006. Many thanks to Wests League Club Campbelltown for making this project possible!

This year will also see some staffing changes. One of our staff members, Geraldine Dean has recently commenced maternity leave. Geraldine will return in a permanent part time capacity later in the year and we wish her all the best with the exciting arrival of her first baby.

Rebecca Whitford will return from maternity leave in July. She gave birth to a beautiful boy earlier in the year and we are looking forward to her return and having her expertise back at Youth Solutions.

Chris Rule has been working with us in a part time capacity since September last year. He has provided invaluable project support and we wish him all the best as he leaves us to venture overseas.

The annual charity night is fast approaching. It is an essential part of our fundraising calendar and we hope to raise even more funds this year. We look forward to you joining us in a night of fun and celebration.

Enjoy the rest of this edition.

Linda Goldspink-Lord
Chief Executive Officer

New QUIT Smoking TV Ad

A Graphic Message

'World No Tobacco Day' was held in May and has been as good a time as any to raise awareness about the harmful nature of tobacco products. According to the Australian Institute of Health and Welfare, in 2001 approximately 3.1 million people smoked on a daily basis in Australia. In 1998, an estimated 19,019 people died in Australia as a result of tobacco smoking.

To reduce these statistics, 'QUIT' has been getting the message across for the last 20 years using television advertisements and other various awareness strategies. The most recent is a confronting new quit smoking advertisement called 'Amputation,' warning how smoking can initiate gangrene caused by peripheral vascular disease.

Prevention efforts need to be maintained as there are still far too many young people still taking up smoking. While smoking advertising may be banned in Australia and many other parts of the

world, the Cancer Council of Australia points out that cigarette companies have found their way around this by getting their products displayed in such mediums as film and television series. For instance Lark cigarettes paid \$350,000 to have its product appear in the James Bond movie 'License to Kill'.

If you are thinking about quitting and/or would like to find out more, talk to your doctor or pharmacist or call the **Quit Line on 13 78 48**.

Collins DJ, Lapsley HM. **Counting the cost: estimates of the social costs of drug abuse in Australia in 1998-99** National Drug Strategy Monograph Series No. 49. Canberra, 2002. Retrieved from the World Wide Web 8 May, 2006:

[www.health.gov.au/internet/wcms/publishing.nsf/Content/health-pubhlth-publicat-mono.htm/\\$FILE/mono49.pdf](http://www.health.gov.au/internet/wcms/publishing.nsf/Content/health-pubhlth-publicat-mono.htm/$FILE/mono49.pdf)

Smoking in the Movies: The role of the tobacco industry. Retrieved from the World Wide Web 8 May, 2006:

<http://www.cancercouncil.com.au/editorial.asp?pageid=718>

Quit Retrieved from the World Wide Web 8 May, 2006: www.quit.org.au/

New Look Website

Includes Parent Info

The month of May saw the successful launching of the new look Youth Solutions Website. The new user friendly website will be ever-evolving and provides a range of useful information about Youth Solutions, including the services we provide and any current projects and activities. The website also provides information linking you to services and knowledge such as:

- Drug information fact sheets
- Parent information
- Other drug and alcohol services
- Other useful websites
- How you can support our young people
- Statistics

Be sure to check it out at:
www.youthsolutions.com.au

Helpful Phone No.s

Drug & Alcohol Treatment Access Line
Sydney South West Area Health Service
9616 8586

ADIS (Alcohol Drug Info Service)
24 hour free service
1800 422 599

For Emergencies
000

After Hours Counselling
Lifeline 13 11 14

Helpful Websites

Information about Cannabis,
young people and local services
www.dope-efxu.com.au

Comprehensive drug information site
www.druginfo.adf.org.au

Provides accessible counseling
service to all Australian children
www.kidshelp.com.au

Online service for young people
looking for support through
difficult times
www.makeanoise.ysp.org.au

School Solutions

Work in Progress



The School Solutions Project, funded by Wests League Club Campbelltown began in 2005 and has continued to move forwards with all the participating schools working hard to ensure their action plans are successful.

A lot has happened over the last few months including meetings between each school and Youth Solutions to discuss each school's progress, obstacles, and achievements.

Key achievements and developments include:

- Various drug and alcohol articles and information pages developed by students and included in school newsletters
- A number of schools are continuing

to develop a number of items to be included on school web pages and computers including alcohol information on school computer desk tops and website welfare pages

- Staff professional development
- A number of schools sought out and received support from the Department of Education and Training with regard to various aspects of their action plans
- Two schools have reviewed their current procedures for dealing with drug related incidences
- The continued development of a student welfare space in one of the school's library.

Further meetings are currently being arranged for the end of June so stay tuned for all the School Solutions developments.

Youth Solutions would like to congratulate the schools on their achievements so far and encourage all schools to keep up the hard work!

Finalist

National Drug and Alcohol Awards

We are thrilled to announce that Youth Solutions has been short-listed as a finalist in the category of 'Excellence in Prevention' in the 2006 National Drug Awards for the Dope-EFX u social marketing and prevention campaign May 2004 – October 2005.

The clear message designed by young people for young people, included the messages that dope also effects: *Your Community, Your Relationships, Your Health, Your Job, Your Family and Your Life*. The Dope-EFX u slogan was a derivative of a creative workshop as well as results from focus tests and survey results. This campaign proved to be extremely popular and was well received, with large numbers of respondents in post surveys recalling various aspects of the campaign.

The winner will be announced at the Annual Awards Gala Dinner, 23 June. We'll let you know the results.

Drug Action Week®

18 – 24 June

We will celebrate Drug Action Week® this year from 18 – 24 June, in an effort to raise awareness about alcohol and other drug issues and also to promote the achievements of those who work to reduce drug related harm.

Drug Action Week® is an initiative of the Alcohol and other Drugs Council of Australia (ADCA), the national peak body representing the alcohol and other drugs field. This year Drug Action Week® will include a number of activities that inform and involve communities, educators, individuals, the media and governments to reduce drug related harm in Australia. Each day will be themed to highlight the diversity and complexity of alcohol and other drug issues.

These themes will include:

- June 19 - Harm minimisation
- June 20 - Treatment
- June 21 - Prevention
- June 22 - Indigenous Peoples
- June 23 - Workforce

Drug Action Week® kits and posters are now available. These can be downloaded or ordered free of charge from the Drug Action Week® website or by contacting ADCA. Drug Action Week® merchandise is also available to assist event organisers to promote their activities.

Drug Action Week® 2006 is generously sponsored by the Australian Government Department of Health and Ageing and the Alcohol Education and Rehabilitation Foundation.

For more info, or to check out the Calendar of events and activities log onto the Drug Action Week website:
www.drugactionweek.org.au





West's Leagues Club Campbelltown

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- The Protectors Insurance Brokers Pty Ltd

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- Esanda Finance

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Graham West MP

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Geoff Ellis

Tony Ross

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News

in brief



Points to note

Diary Dates

Drug Action Week

18 – 24 June 2006

See article in this edition for details

Youth Solutions Charity Event

Friday 21 July 2006

Campbelltown RSL Club

Contact us to *Book your Table*

Our Mission

Supporting young people to make safer life choices to achieve their full potential

Our Vision

Creating solutions with young people, families and the community to promote positive life outcomes by preventing harmful drug use

Service Info

Youth Solutions – What we can do for you?

- Answer your questions and provide information about alcohol and other drugs.
- Find someone who can help you if we can't
- Help you take action on drug related issues in your community
- Refer you to treatment and counselling services

If you would like a hard copy of our *Alcohol and Other Drugs, Referral Information Booklet for the Macarthur and Wingecarribee Area* please phone or email us today and we will mail one out to you.

2006 Charity Event

Pre-book your table for Christmas in July



ENORMOUS HORNS

Youth Solutions would like to thank everyone who has so far donated, and pre-bought tickets for our 2006 Charity Event which will celebrate a "Christmas in July" theme. So far we have two generous Corporate Event Partners with the **AMP Foundation**/Macarthur Wealth Management and **Rotary Club of Narellan** sponsoring \$10 000 each. We also have a number of **Corporate Sponsors** including:

- Business Diagnostics and Solutions
- Camden Valley Golf Resort
- Macarthur Financial Planning Pty Ltd
- Southern Cross Truck Rentals
- MTM Group Australia Pty Ltd
- Protectors Insurance Brokers
- Wollondilly Accounting
- Barrie Grimes Finance & Insurance Pty Ltd
- Chris Agius / Simply Divine Beauty / Bradbury Pharmacy
- Tri City Trucks Pty Ltd
- Snap Printing
- M & M Truck Bodies
- Wollongong Trucks
- Moody Kiddell
- C91.3
- Finishing Touches
- White Eagle

This years Charity Event will be held on 21 July at the Campbelltown RSL Club with entertainment including the Enormous Horns.

Tickets \$125 Inc GST – includes 3 course dinner, entertainment and beverage package

Sponsorship Package \$1750 + GST – includes 10 tickets

For information phone 4628 2319 or email info@youthsolutions.com.au

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