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Christmas in July

Join us at the 2007 Charity Event



Heroes from Heaven

Youth Solutions along with event partners; AMP Foundation via Macarthur Wealth Management and the Rotary Club of Narellan, are gearing up for our seventh annual Charity Event which is now only weeks away.

"We are asking for your support at our major fundraising event to raise funds so that we can continue delivering our service to our community", stated Manager Debbie Roberts.

The chilly nights and cooler days are setting the scene to celebrate with a *Christmas in July* theme, back by popular demand!

We invite you to celebrate Christmas in July with us on Saturday 21 July at 7pm at Campbelltown RSL club.

For just \$125 per person (GST inc) you will have the opportunity to:

- Enjoy a three course dinner
- Enjoy Beverages
- Enjoy entertainment by *Heroes from Heaven*- one of Australia's best live variety tribute shows.
- See Santa and his 4 mystery elves
- Have fun
- Be part of the solution to youth alcohol and drug problems

Youth Solutions works hard to prevent drug and alcohol problems, provides education and information and helps people get assistance if they have a problem.

There are many opportunities to be involved in this years' event including:

Donations

- All cash donations over \$2 are tax deductible.
- An item for silent auction or giveaways
- All donations are acknowledged on the night in the event program, post event media advertisement, in Youth Solutions quarterly newsletter that is distributed to over 700 people, and on Youth Solutions website

Sponsorship

Become a sponsor of the event for \$1750 (+GST), which includes:

- 10 tickets to the event
- Acknowledgment on the night via the event program
- Public acknowledgement on the night
- Your logo on the PowerPoint presentation scrolling throughout the night
- Post event media advertisement
- Acknowledgment in Youth Solutions quarterly newsletter that is distributed to over 700 people
- Acknowledgment on Youth Solutions website



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Excellence in Prevention - Finalists

Welcome to the second edition of *Solutions* for 2007!

This is my first column as President of Youth Solutions, and I am also filling in for our CEO Linda Goldspink-Lord who is currently on sick leave. We wish Linda a speedy recovery and look forward to her next CEO Report.

As we are half way through a busy year, it's a great time to take stock and look at our accomplishments to date, as well as what is on the books for the rest of the year.

An exciting and innovative resource, *Inspiring Youth Solutions*, which aims

to support the running of Youth Drug Forums across the Illawarra, Wingecarribee and Macarthur regions is nearing the completion of its development. Be sure to check out the Youth Solutions website

www.youthsolutions.com.au for access to this resource and information about training.

Drug Action Week 2007, was a busy week for Youth Solutions. For the second year in a row we were nominated as a finalist in the National Alcohol and Drug Awards, Excellence in Prevention category. Congratulations to the Project Coordinator and Service Manager Debbie Roberts along with all those parents involved in the Project as Parent Peer Educators. It is outstanding to be acknowledged for best practise in the delivery of drug and alcohol projects.

This years' Charity Event is set to be a great night, I urge anyone without a ticket, to book now. Our Service relies on funds we receive from fundraising, so if you can support us we'd love to see you there.

Enjoy this edition of *Solutions*.

On an extremely sad note, we acknowledge the recent passing of Jim Medway. On behalf of the Youth Solutions Board, Staff and extended community, I would like to pass on my condolences to Jeanette Medway, her family and the team at Snap Printing Campbelltown and Ingleburn.

Geoffrey D Ellis
President

Student Perspective

Work Placement

My name is Bianca Wilfling. I am 17 years of age and participated in Work Placement at Youth Solutions during April-May 2007. I attend the University of Western Sydney, Bankstown Campus, completing a Bachelor of Community Welfare. As a first year student, I was required to participate in a 30 hour agency observation visit at a non government organisation. I had never heard of Youth Solutions until I decided to research organisations in my local area of Campbelltown. I am very much interested in Youth Work as a focus in my career and upon reading about Youth Solutions on their website, decided it would be beneficial to complete my work placement there.

During my time at Youth Solutions I have:

- Gained a valuable knowledge of the many events, fundraisers and programs they have offered to the community, such as dopeEFXu, Parent Links Project and Narellan Youth Leadership Training.
- Gained insight into the inner workings of the organisation through the reading of policies and procedures, annual reports and operational plans.

- Gained knowledge of the history of Youth Solutions and their target group.
- Observed the induction of 9 TAFE Business Administration students from the Campbelltown campus.
- Observed an OHS Site Inspection, carried out by Debbie and Geraldine, allowing me to become more aware about the potential risks that could occur in any workplace.
- Clarified the role of each worker along with the different programs and events they contribute to.
- Attended staff meetings.

I would like to thank Youth Solutions for allowing me to complete my work placement here and for giving me insight into the operation of non government organisations. I found my placement here to be very beneficial and am thankful for the knowledge the team has given me.

Bianca



Safe & Pretty

Training program for young women

Youth Solutions is looking forward to working with Morpheus Academy to conduct a two day training program that will focus on providing young women with knowledge on how to present and best represent themselves for job interviews (in the Hair and Beauty Industry).

The training will also focus on personal safety including drug and alcohol awareness as well as interview skills.

This is a unique pilot project aiming to empower young women and support them as they enter the workforce, arming them with essential support as well as life skills.

Training will take place in October this year.



Morpheus Academy
of Hair + Beauty...

Helpful Phone No.s

Drug & Alcohol Treatment Access Line
Sydney South West Area Health Service
9616 8586

ADIS (Alcohol Drug Info Service)
24 hour free service
1800 422 599

For Emergencies
000

After Hours Counselling
Lifeline 13 11 14

Helpful Websites

State Health Information
www.health.nsw.gov.au

Comprehensive drug information site
www.druginfo.adf.org.au

Provides accessible counseling
service to all Australian children
www.kidshelp.com.au

Learn why tobacco is an international
public health priority
www.who.int/tobacco/en

New Smoking Bans in Licensed Venues



July has welcomed a complete prohibition of smoking in enclosed areas of licensed venues. This is the third phase of implementing restrictions since amendments were made to the *Smoke-free Environment Act 2000*.

Changes were made to the *Act* to ensure that workers and patrons were protected from the health risks caused by exposure to passive smoking in enclosed public areas.

Venues are now required to meet obligations preventing the spread of smoke from smoking areas to non-smoking areas. Management can be subject to fines of up to \$5500 if the venue does not comply with these obligations and smoke is allowed to penetrate enclosed areas. Individuals may be subject to fines of up to \$550 if caught smoking in a smoke free area.

The *Smoke-free Environment Amendment (Enclosed Spaces) Regulation 2006* provides guidelines on what is deemed an enclosed public place and when an outside covered area is considered to be substantially enclosed for the purposes of the *Smoke-free Environment Act 2000*.

NSW Environmental Health Officers are authorised, as inspectors, to enforce the legislation by monitoring compliance, investigating complaints and conducting inspections.

Individuals are encouraged to discuss complaints about non-compliance of the legislation directly with the proprietor of the venue. Proprietors have a legal obligation to ensure that patrons are not smoking in smoke-free areas.

Both individuals and proprietors can contact their local Public Health Unit or the Tobacco and Health Information Line on 1800 357 412 or email tobacco@doh.health.nsw.gov.au to obtain more information or make a complaint.

Source:
www.health.nsw.gov.au/pubs/2005/pdf/smokefree_infokit.pdf

On Track Youth Leadership Training

A two day overnight Youth Leadership training opportunity will be offered in early 2008 to 40 young people aged 14-18 years who live, study or recreate across the local government areas of Camden, Campbelltown, Wollondilly and Wingecarribee.

Youth Solutions will work with the Rotary Club of Narellan's Interact members to develop a program based on the Narellan Youth Leadership Training which was held in Narellan in April of 2007.

This project has been made possible by the announcement of funding via the Foundation for Young Australians.

Youth Solutions will be recruiting young people for involvement in this training in early 2008.

youthsolutions.com.au

Parent Project Camden and Wollondilly

What is the reality of youth drug use? How do I deal with the issue? These are questions and statements that might go through the minds of many parents in our community.

The Strengthening Parents Project will strive to increase the capacity of parents to effectively deal with the issue of youth drug use. How? The Project will involve linking parents, community members, services and by doing that ultimately engage with our young people. The project will use a number of strategies such as holding information sessions, training workshops, rolling out a media campaign in April next year as well as developing a resource of the parents choosing.

This project is funded through the Australian Governments National Illicit Drug Strategy under their Community Partnerships Initiative.



Is an exciting new resource that describes the process of implementing a Youth Drug Forum using an award winning peer led model developed by Youth Solutions.

The purpose of this CD Rom is to provide a detailed resource that will enable other communities to facilitate peer led community action. The CD Rom will contain all the necessary background information, workshops, presentation material including PowerPoint presentations and handouts as well as planning tips required to successfully facilitate the entire Forum process.

To register your interest in receiving this resource and participating in the training sessions email rebecca@youthsolutions.com.au or phone 4628 2319.

This project is funded through the IMB Community Foundation.

Corporate Sponsors

- AMP Foundation
- Macarthur Wealth Management
- The Protectors Insurance Brokers Pty Ltd
- Rotary Club of Narellan

Corporate Supporters

- Barrie Grimes Finance and Insurance
- C91.3FM
- Snap Printing Campbelltown
- Tri City Trucks
- Wollondilly Accounting & Business Services
- McDonald's™ Macarthur

Board Acknowledgement

- Geoff Ellis – President
- Tim Clancy – Vice President
- Wayne Quick – Treasurer
- Helen Clancy
- Deborah Gander
- Gordon Hay
- Peta Hudson
- David Michell
- Tony Ross

Youth Solutions Team

- Linda Goldspink-Lord
CEO
- Debbie Roberts
Manager
- Rebecca Whitford
Senior Project Officer
- Geraldine Dean
Communications Project Officer
- Sue Willoughby
Administration Officer
- Marcia Pain
Finance Assistant

Strategic Direction

Our Mission

Supporting young people to make safer life choices to achieve their full potential

Our Vision

Creating solutions with young people, families and the community to promote positive life outcomes by preventing harmful drug use



This is a Quality Improvement Council Accredited Service



Diary Dates

Youth Solutions Charity Event

Saturday 21 July 2007

Campbelltown RSL Club

Contact us to *Book your Table*



Inspiring Youth Solutions Training

Monday 22 October 2007

Wollongong

Tuesday 23 October 2007

Wingecarribee

Thursday 25 October 2007

Macarthur

McDonalds™ Charity Night

Wednesday 11 April

Youth Solutions is extremely excited about the continued support the Service receives from McDonalds Macarthur. McDonalds has supported Youth Solutions via the McDonald's Charity Fun Night through their community program 'Committed to Caring for the Community' for the fifth year in a row.

A percentage of sales totalling \$1664 made on Wednesday 11 April, at McDonalds restaurants throughout Macarthur has been donated to Youth Solutions

Globalive Cricket Match

Supports University Project

In April, Globalive Pty Ltd coordinated a Charity Cricket Match and Dinner with funds raised donated to Youth Solutions. A huge thank you to all who attended with special thanks to organiser, Sam Kibbey. Youth Solutions looks forward to working with Globalive.

Planning is currently underway to coordinate a campaign through universities, which promotes messages for responsible drinking.

Inspiring Mental Health Module

Youth Solutions is thrilled to announce that the IMB Community Foundation will be funding the 2nd Module in the Inspiring Resource Series *Inspiring Mental Health*.

This module will be developed in 2008, so stay tuned for more updates.



Printing sponsored by
Snap Printing

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Ingleburn 9605 9499

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youthsolutions.com.au